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CLAIMS

- 1. A method for securing loose clothing around a human's waist by holding said clothing sleeves together with a fastened strap. Said strap comprising:
 - a) material having sufficient size to accommodate use by a human being,
 - b) an elongated shape and at least one layer of said material,
 - c) an upper and lower side, wherein said upper and lower sides are relatively smooth uninterrupted surfaces,
 - d) predetermined length to fit around said sleeves,
 - e) a fastening mechanism coupled to said strap on opposite sides thereof and where neither of said fastening mechanism traverses the entire length of said strap,
 - f) placement of said strap between user's waist and around said loose clothing sleeves such that said strap is substantially perpendicular to said user's waist,
 - g) fastening of said strap by engaging said fastening mechanism.
- 2. The method for securing loose clothing sleeves is recited in claim 1 wherein said strap further comprises a label coupled to said upper side of said strap.
- 3. The method for securing loose clothing sleeves is recited in claim 1 wherein said material further comprises a textile fabric.
- 4. The method for securing loose clothing sleeves is recited in claim 1 wherein said material further comprises fabric.
- 5. A method for holding loose clothing around a user's waist by holding said clothing sleeves together with an article not attached to said clothing.